

# #MYWORLDCLASS

2019 WORLD CLASS MONACO WINTER SCHEDULE 28/01- 03/02

M	T	W	T	F	S	S
	<b>BOOTCAMP</b> OUTDOOR 07:30-08:30	<b>YOGA</b> STUDIO 07:30-08:30	<b>BOOTCAMP</b> OUTDOOR 07:30-08:30			
<b>BOOTY BOOTCAMP</b> STUDIO 9:00-9:55	<b>STUDIO CYCLING</b> STUDIO 9:00-9:55	<b>FULLY LOADED</b> STUDIO 9:00-9:55	<b>STUDIO CYCLING</b> STUDIO 9:00-9:55	<b>SYNRGIE TRAINING</b> SYNRGIE 360 9:00-9:55	<b>BOOTY BOOTCAMP</b> STUDIO 9:00-9:55	<b>HIKING</b> OUTDOOR 08:30-09:25
<b>YOGA</b> STUDIO 10:00-10:55	<b>SYNRGIE TRAINING</b> SYNRGIE 360 10:00-10:55	<b>PILATES</b> STUDIO 10:00-10:55	<b>STRETCH &amp; RELAX</b> STUDIO 10:00-10:45	<b>ABS &amp; STRETCH</b> STUDIO 10:00-10:45	<b>SYNRGIE TRAINING</b> SYNRGIE 360 10:00-10:55	<b>FULLY LOADED</b> STUDIO 10:00-10:55
					<b>DANCE MIX</b> STUDIO 11:00-11:55	<b>STUDIO CYCLING</b> STUDIO 11:00-11:55
<b>BOOTY BOOTCAMP</b> STUDIO 12:15-13:00	<b>BODY PUMP</b> STUDIO 12:15-13:00	<b>DANCE MIX</b> STUDIO 12:15-13:15	<b>STUDIO CYCLING</b> STUDIO 12:15-13:10	<b>BODY PUMP</b> STUDIO 12:15-13:00	<b>PILATES</b> STUDIO 12:00-12:55	
<b>PILATES</b> STUDIO 13:00-13:45	<b>STRETCH &amp; RELAX</b> STUDIO 13:00-13:45	<b>BOOTY BOOTCAMP</b> STUDIO 13:15-14:00	<b>BEST ABS EVER</b> STUDIO 13:15-13:45	<b>STEP N GROOVE</b> STUDIO 13:00-13:45	<b>YOGA</b> STUDIO 14:00-14:55	
					<b>BODY PUMP</b> STUDIO 15:00-15:55	
					<b>HIKING</b> OUTDOOR 16:00-17:25	
<b>BEST ABS EVER</b> STUDIO 18:00-18:30	<b>UPER BODY STRENGHT</b> STUDIO 18:30-19:15	<b>BEST ABS EVER</b> STUDIO 18:00-18:30	<b>STUDIO CYCLING</b> STUDIO 18:30-19:15	<b>VINYASA YOGA</b> STUDIO 18:00-18:55		
<b>BODY PUMP</b> STUDIO 18:30-19:25	<b>STUDIO CYCLING</b> STUDIO 19:15-20:00	<b>DANCE MIX</b> STUDIO 18:30-19:25	<b>BOOTY BOOTCAMP</b> STUDIO 19:15-20:00	<b>SYNRGIE TRAINING</b> SYNRGIE 360 18:00-18:55		
<b>STUDIO CYCLING</b> STUDIO 19:30-20:25	<b>YOGA</b> STUDIO 20:00-20:55	<b>BODY PUMP</b> STUDIO 19:30-20:25	<b>YOGA</b> STUDIO 20:00-20:55	<b>BODY PUMP</b> STUDIO 19:00-19:55		



**BENTLEY**