

# #WORLDCLASS\_OUTDOOR

## 2019 WORLD CLASS MONACO OUTDOOR SCHEDULE

M	T	W	T	F	S	S
<b>BOOTCAMP</b> OUTDOOR 07:30-08:30	<b>YOGA</b> OUTDOOR 07:30-08:30	<b>BOOTCAMP</b> OUTDOOR 07:30-08:30	<b>YOGA</b> OUTDOOR 07:30-08:30	<b>BOOTCAMP</b> OUTDOOR 07:30-08:30		
					<b>RUNNING</b> OUTDOOR 9:00-10:00	
					<b>BOOTCAMP</b> OUTDOOR 10:00-11:00	
<b>BOOTCAMP</b> OUTDOOR 12:30-13:30	<b>BOOTCAMP</b> OUTDOOR 12:30-13:30		<b>BOOTCAMP</b> OUTDOOR 12:30-13:30	<b>BOOTCAMP</b> OUTDOOR 12:30-13:30		
<b>YOGA</b> OUTDOOR 18:30-19:30		<b>YOGA</b> OUTDOOR 18:30-19:30				
			<b>RUNNING</b> OUTDOOR 19:30-20:30			

GROUP CLASSES SUPERVIZOR Melissa Abed [melissafitcoaching@gmail.com](mailto:melissafitcoaching@gmail.com)

Download the World Class Monaco application for the current version of the schedule with the names of your favorite trainers